

Inspection report

Davidson House Care Home Service

266 Colinton Road
Edinburgh EH14 1DT

Inspected by: Anne Dolan
(Care Commission Officer)

Type of inspection: Unannounced

Inspection completed on: 22 June 2007

Service Number

CS2003010901

Service name

Davidson House

Service address266 Colinton Road
Edinburgh EH14 1DT**Provider Number**

SP2004005634

Provider Name

The Salvation Army

Inspected ByAnne Dolan
Care Commission Officer**Inspection Type**

Unannounced

Inspection Completed

22 June 2007

Period since last inspection

8 months

Local Office AddressStuart House
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Introduction

Davidson House is run and Managed by the Salvation Army, and has been registered with the Care Commission since 1st April 2002 to provide residential accommodation and support to a maximum of 40 older people.

Davidson House is situated within a popular residential area of South West Edinburgh close to local amenities and public transport links.

Accommodation is over two floors with a lift up to the upper floor. The majority of bedrooms are within the ground floor of the Home. The Home has two dining rooms, one large communal lounge and three smaller lounges where residents can access in addition to their bedrooms.

There is a separate smoking lounge for the convenience of those residents who wish to smoke.

The Home is situated back from the main road within well maintained pleasant grounds with a sun porch at the front of the building overlooking gardens. There is also an enclosed garden seating area within the centre of the building where residents could access outside within a safe environment.

The service employs a team of carers with varying degrees of skills, expertise and qualifications and wishes to provide a home for residents which would not entail moving however it is recognised that there are some aspects of care that might require a resident to move if they required more specialised care in relation to progressive disease process or mental health needs.

Basis of Report

This report was written following an unannounced inspection from 10:45 am until 16:00pm on Friday 22nd June 2007 by Anne Dolan Care Commission Officer (The Officer). Feedback was given to the Manager and the Assistant Director for Elderly Care.

This service was inspected after a Regulatory Support Assessment (RSA) was carried out to determine what level of support was necessary. The RSA is an assessment undertaken by the Care Commission Officer which considers: complaint activity, changes in the provision of the service, natures of notifications made to the Care Commission by the service and actions taken upon Requirements. The Officer will also have considered how the service responded to situations and issues as part of the RSA.

This assessment resulted in this service receiving a low RSA score; therefore a low intensity inspection was required as a result. The inspection was then based upon associated National Care Standards for the particular service type and follow up on requirements and recommendations from the previous inspection.

The service was also required to submit their Annual Return (AR) which helps the Care Commission to review the service using accurate and up to date information. The service had submitted a completed AR as requested by the Care Commission.

During the visit the Officer spoke with:

- *The Manager
- *The Assistant Director for Elderly Care
- *three members of care staff

- *The Administrator
- *four residents

The Officer also looked at a range of policies and records including the following:

- *Staff training files
- *Staff records
- *Policy Manual
- *Resident care files
- *Residents personal plans

The Officer took all of the above into account and reported on whether the service was meeting a range of relevant National Care Standards for Care Homes for Older People. The main inspection focus for this Care Home service was:

- * Standard 5: Management and staffing
- * Standard 13: Eating well

The Fire (Scotland) Act 2005 introduced new regulatory arrangements in respect of fire safety, on 1 October 2006. In terms of those arrangements, responsibility for enforcing the statutory provisions in relation to fire safety now lies with the Fire and Rescue service for the area in which a care service is located. Accordingly, the Care Commission will no longer report on matters of fire safety as part of its regulatory function, but, where significant fire safety issues become apparent, will alert the relevant Fire and Rescue service to their existence in order that it may act as it considers appropriate. Further advice on your responsibilities is available at www.infoscotland.com/firelaw

Action taken on requirements in last Inspection Report

There was one requirement made at the last inspection. This is discussed under Standard 5 in this report.

Comments on Self-Evaluation

The Officer was advised that an electronic self evaluation form had been submitted.

View of Service Users

The Officer spoke with four residents on the day of the inspection. People commented very positively on living in the Home. One resident stated they felt it was more than a home to them as they "felt safer than in my own home".

All residents agreed that the food "was very good" and there "was plenty choice".

Residents felt disappointed in the recent poor weather as the home "has lovely grounds" and they "felt safe sitting out".

One of the residents enquired about the work of the Care Commission as the home had "been giving information on the Care Commission".

View of Carers

No visitors views were sought at this inspection.

Regulations / Principles

Regulation :

Strengths

Areas for Development

National Care Standards

National Care Standard Number 5: Care Homes for Older People - Management and Staffing Arrangements

Strengths

Not all areas of this Standard were inspected against at this time. There was one requirement and three recommendations made at the last inspection and these were reviewed.

A requirement was made at the last inspection undertaken on the 16th and 17th October 2006. It was required that all checks as required by legislation be undertaken on all employees in the home. This was to comply with Scottish Statutory Instrument 2002/114/Regulation 9(1); 9(2)(a); 9(2)(b); 9(2)(c). Fitness of employees.

This was noted to be implemented. The Officer spoke with the Manager and the Administrator who described the new system in place within the Home for ensuring that all checks were undertaken before staff take up employment in the Home. Staff files had also been reviewed and a new filing system was in place. Staff files reviewed by the Officer confirmed this.

The Salvation Army had recently introduced a new Management structure. The Officer spoke with one of the Principal Carers during the inspection. The Officer was informed that the new regime was working well albeit still quite new. There had been some staff turnover but this had been positive and some staff had been promoted within the new structure. Meetings were held often between Senior Management and staff to discuss any problems that may arise and these were seen as a positive venue to discuss developments and opportunities.

The Officer also reviewed resident care files as this has been an ongoing area of development.

One recommendation was made at the last inspection regarding documentation.

This recommendation was to ensure that a system of risk assessment be implemented with regard to resident needs. This was to include Manual Handling, Continence and Falls.

It was noted on review of resident files that this recommendation had been partially met. It was noted that there were risk assessment forms readily available for Manual Handling and

Nutritional needs. However these were not fully in use. One of the Principal Carers advised the Officer that these forms were to be in use soon.

It was recommended that the restraint policy reflected the protocol in the Home with regard to bed rails and wheelchair lap straps. It was also recommended that where restraint was in use evidence of discussions and agreement with the resident and/or their relatives was seen. The Officer was informed that this was in place however there were no residents in the Home at the time of the inspection that required restraint.

It was also recommended that the Home seek clarification regarding the prescribing of medication that were on an as required basis and all remedial action taken. The Officer was informed that the Home had been in discussion with the current GP practices used by the Home and this had been rectified. Review of MAR (Medication Administration Recording) Sheets confirmed this.

Areas for Development

It was advised that resident documentation would be reviewed again at the next inspection with regard to the implementation of the paper forms for risk assessments seen. The Officer spoke with the Administrator who had a responsibility for ensuring all relevant documentation was implemented and staff had appropriate training to use the documentation. The Administrator informed the Officer that further training was to be arranged on this issue.

National Care Standard Number 13: Care Homes for Older People - Eating well

Strengths

This Standard was not fully inspected against at this inspection.

There was one recommendation made at the last inspection and this was reviewed.

Areas for Development

It was recommended that a nutritional risk assessment be introduced within the Home. This was to evidence the risk of undernutrition for all residents.

It was acknowledged that the MUST (Malnutrition Undernutrition Screening Tool) system was available within the Home.

However the Officer was informed that through discussion with Management and staff it was decided that this was not appropriate in the Home.

The Officer discussed this with The Manager, one Principal Carer and the Administrator as this had been subject of previous inspections.

The Manager stated that until all staff had undergone training in the use of this tool it could not be used.

The Officer was assured that training on the use of the tool would be sought.

However in the interim the Home must evidence how they ensure that nutritional needs of all residents are met and how residents are screened for undernutrition. (See Requirement 1).

Enforcement

There has been no enforcement action since the last inspection.

Other Information

No other issues were discussed at this inspection.

Requirements

1. The Home must evidence in the interim until staff have received training in the MUST system how the Home assess residents for risk of undernutrition.

SSI/2002/114/Regulation 4(1)(a) - Health and welfare of service users.

Timescale for implementation: To begin the process within 24 Hours from publication of this report. To be completed within 6 weeks of publication of this report.

Recommendations

There were no recommendations made from this inspection.

Anne Dolan

Care Commission Officer